



Tonsillectomy Preparation Checklist

This checklist is intended to help you and your child prepare for a tonsillectomy or adenoidectomy. Print this out and ask your doctor or nurse to help you fill it out according to their specific instructions.

General information

Dietary restrictions _____

Current medications _____

Previous surgery (if any) _____

Known allergies _____

Problems with anesthesia _____

Special medical circumstances _____

Prior to surgery

- No aspirin, Advil, Motrin or other non-steroidal anti-inflammatory drugs (NSAIDs) for _____ hours prior to surgery.

Other medication restrictions

- No food or liquid of any kind for _____ hours prior to surgery.

Other dietary restrictions _____
